
Le modalità disponibili in Terapia Intensiva: Intermittenti, Continue o Ibride?

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UNIVERSITÀ
DEGLI STUDI
DI PADOVA



CRRT

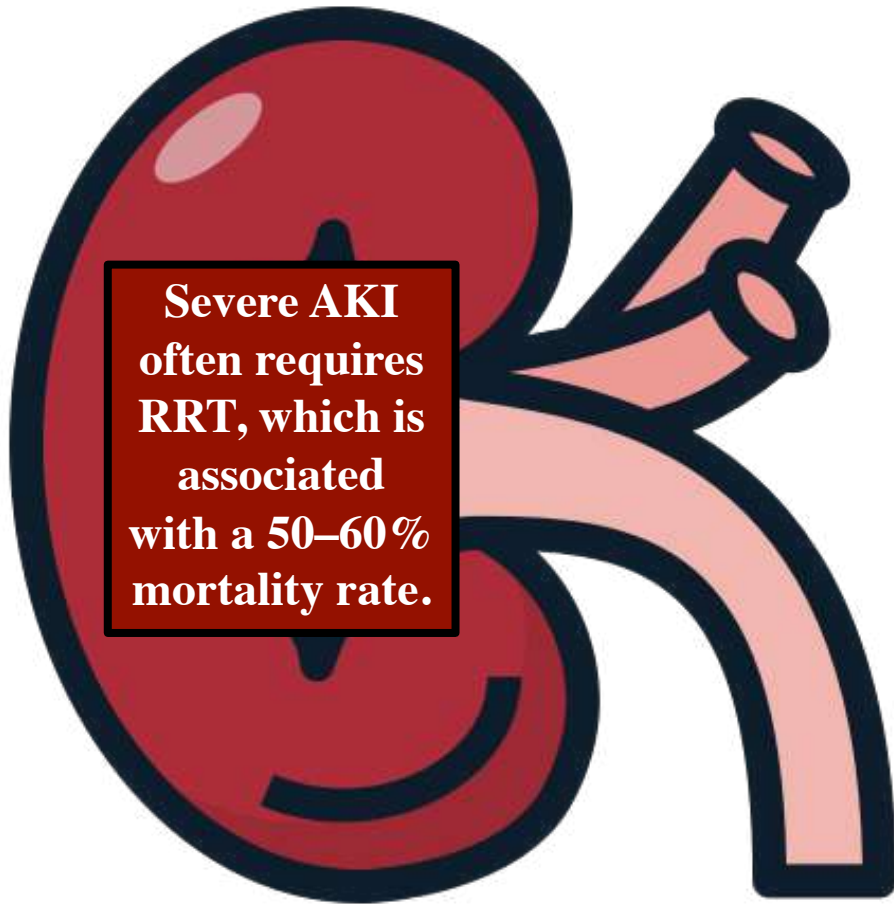
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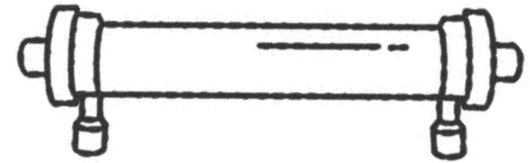


15-16 giugno 2020

Dip. di Scienze della Salute – Università di Firenze
Dip. di Anestesia e Rianimazione - AOU Careggi - Firenze



**Severe AKI
often requires
RRT, which is
associated
with a 50–60%
mortality rate.**



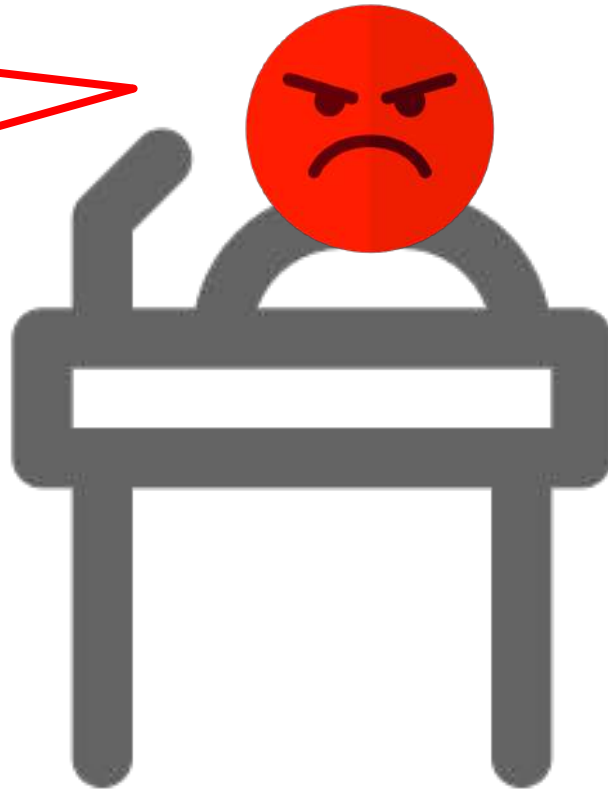
IHD
SLED
CRRT
CVVH
CVVHD
CVVHDF
EARLY
DELAYED
BIOMARKERS
CITRATE
HEPARIN
NO ANTICOAGULATION
...



ISICEM 2005

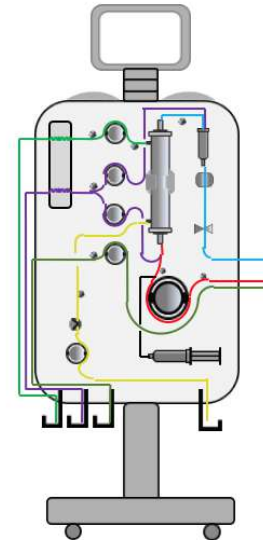


CRRT in
ICU !



IHD in
ICU ?







Clinical course

Physiotherapy



Fluid balance



OUTLINE . . .

- IHD, CRRT, HT (SLED, SLEDD, SLEDD-f, EDD,SCD,AVVH, AVVHDF) - nomenclature and definitions
- Evidence for the literature
- . . . And so what?

Tandukar S & Palevsky PM. CHEST (2019)

Continuous Renal Replacement Therapy

Who, When, Why, and How

Srijan Tandukar, MD; and Paul M. Palevsky, MD

Selection of RRT Modality

Although **CRRT** and **PIRRT** are most commonly used in hemodynamically unstable patients, there is marked variation in practice.

Some centers use CRRT (or PIRRT) in all ICU patients with renal failure regardless of hemodynamic status, whereas others use IHD, albeit with adjustments in prescription, even in vasopressor-dependent patients.

Although the benefit of a **slow, continuous modality** of renal support in hemodynamically unstable patients may seem **selfevident**, RCTs have **failed** to show differences with regard to either mortality or recovery of kidney function comparing CRRT with either IHD or PIRRT.

- Mehta RL et al. Kidney Int (2001)
- Augustine JJ et al. Am J Kidney Dis (2004)
- Uehlinger DE et al. Nephrol Dial Transplant (2005)
- Vinsonneau C et al. Lancet (2006)
- Lins RL et al. Nephrol Dial Transplant (2009)
- Schefold JC et al. Crit Care (2014)
- Bagshaw SM et al. Crit Care Med (2008)
- Pannu N et al. JAMA (2008)
- Friedrich JO et al. Critical Care (2012)
- Zhang L et al. Am J Kidney Dis (2015)
- Kielstein JT et al. Am J Kidney Dis (2004)
- Schwenger V et al. Crit Care (2012)

Continuous Renal Replacement Therapies (CRRT)

Intermittent Hemodialysis (IHD)

Prolonged Intermittent Renal Replacement Therapies (PIRRT)

PIRRT

Prolonged intermittent renal replacement therapy

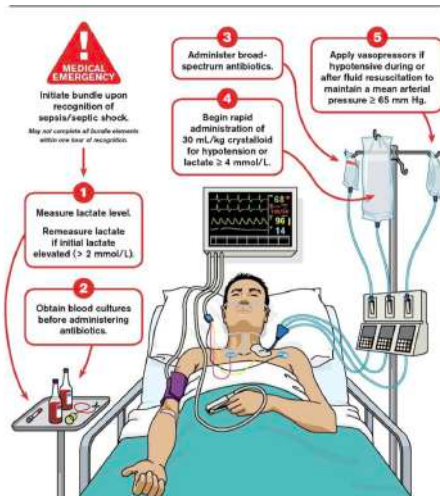
Acute RRTs include standard **intermittent hemodialysis**, **peritoneal dialysis**, **continuous renal replacement therapies (CRRTs)**, and **hybrid therapies** such as **prolonged intermittent renal replacement therapies (PIRRTs)**.

Other terms used to describe PIRRT include:

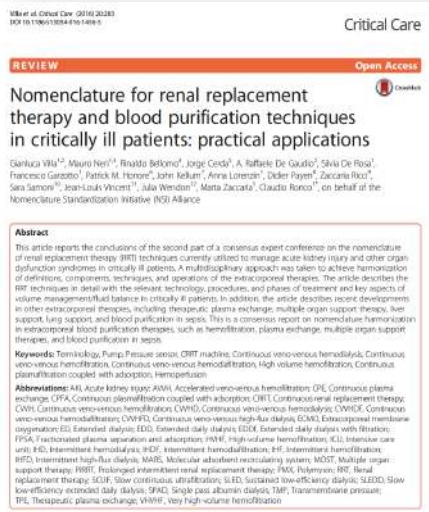
- **Sustained low-efficiency (daily) dialysis (SLED or SLEDD)**
- **Sustained low-efficiency (daily) diafiltration (SLEDD-f)**
- **Extended daily dialysis (EDD)**
- **Slow continuous dialysis (SCD)**
- **Go slow dialysis**
- **Accelerated venovenous hemofiltration (AVVH) or hemodiafiltration (AVVHDF)**

14 May 2020

PIRRT is an **alternative** to CRRT for hemodynamically unstable patients, although the evidence is weak



Hybrid therapies



- Sustained low-efficiency dialysis (SLED)
- Slow low-efficiency extended daily dialysis (SLEDD)
- Prolonged intermittent RRT (PIRRT)
- Extended daily dialysis (EDD)
- Extended daily dialysis with filtration (EDDf)
- Extended dialysis (ED)
- “go slow dialysis”
- Accelerated veno-venous hemofiltration (AVVH).

- Si utilizza **generalmente** material di IHD (macchina, filtri, circuiti).
- La rimozione dei soluti avviene prevalentemente con tecnica **diffusiva**.
- Esistono variant con tecnica **convettiva** (EDDf, AVVH)



**PLEASE
SLOW
DOWN**



Continuous (RRT)



Intermittent (HD)



Hybrid therapies



Continuous (RRT)



Intermittent (HD)



Hybrid therapies



CRRT

Continuous
Renal
Replacement
Therapies

IHD

Intermittent
Hemo
Dialysis

PIRRTs

Prolonged
Intermittent
Renal
Replacement
Therapies

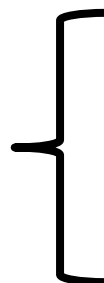
SLED

Sustained
Low
Efficiency
Dialysis

Hybrid

All of these use relatively similar extracorporeal blood circuits and differ primarily with regard to **duration of therapy** and, consequently, the **rapidity of net ultrafiltration and solute clearance**.

Mechanisms of
solute clearance



=

Diffusion



=

Convection

IHD

Renal replacement therapy in the ICU: intermittent hemodialysis, sustained low-efficiency dialysis or continuous renal replacement therapy?

SLED

CRRT

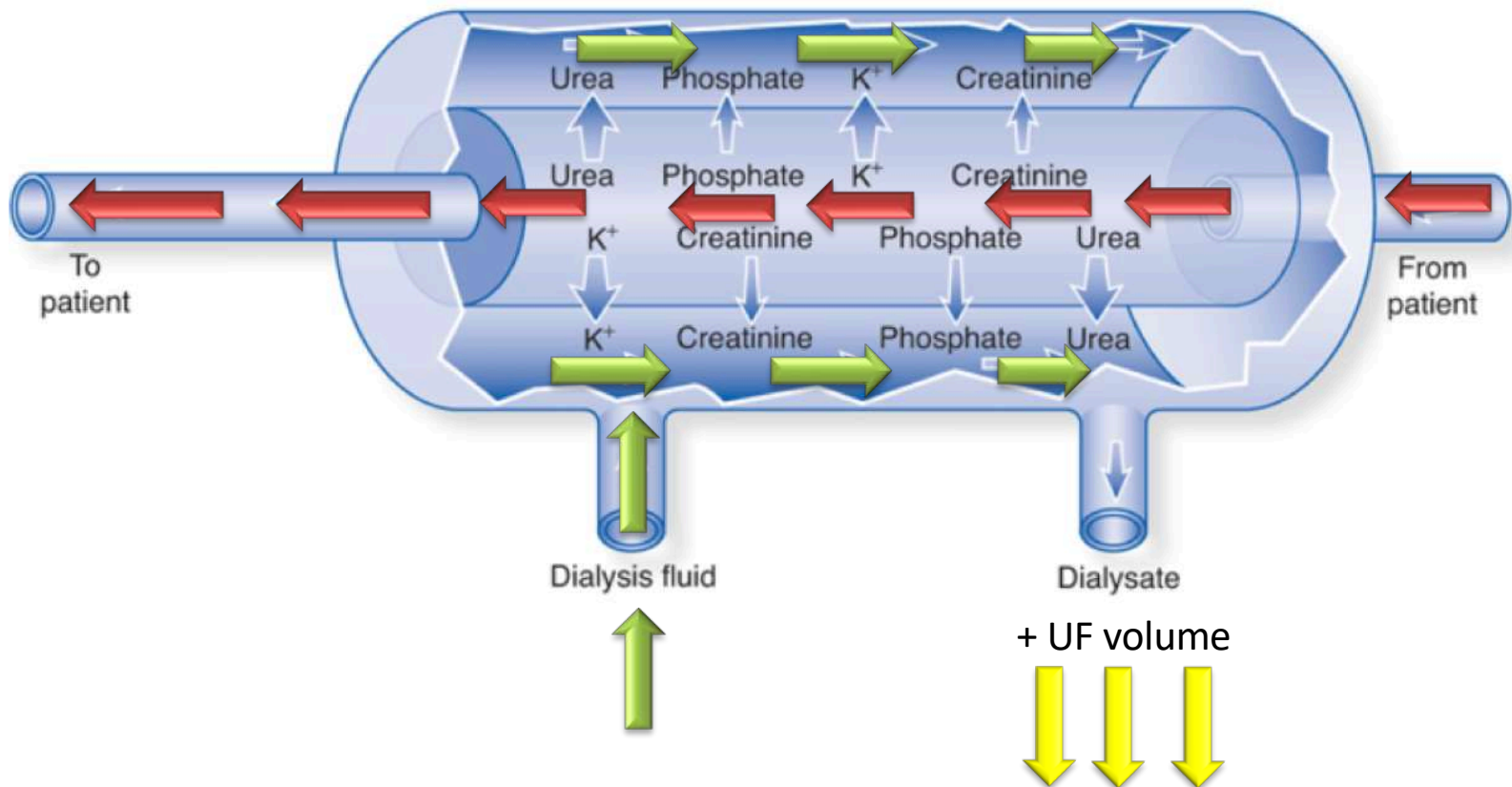
MODALITIES OF RENAL REPLACEMENT THERAPY USED IN ICU

Indications for commencement of RRT therapy for severe AKI patients are the same for all modalities, such as fluid overload, hyperkalemia, acidosis, and uremic syndrome that are refractory to medical therapy.

*. . . there is still **controversy** on the advantages of one modality over the others on clinical outcomes of AKI patients. . .*

IHD – Intermittent HemoDialysis

- Meccanismo principale per la rimozione dei solute è la DIFFUSIONE
- Ideale per **PICCOLI SOLUTI**



Intermittent hemodialysis (IHD)

- IHD is often used in the setting of **CKD** where patients receive hemodialysis three times a week
- **3–5h** each session, using higher flow rates than CRRT to maintain fluids, electrolytes, and acid–base balance
- It can also be administered for **AKI** patients, especially those who are **hemodynamically stable**
- It removes solutes by diffusion and may be more suited for patients who require **rapid removal of dialyzable substances** such as severe hyperkalemia and selected toxins

- IHD is **less expensive** and requires **less anticoagulation**

In fact, it is likely the most commonly used acute RRT modality in the United States.



However, IHD may be associated with an **increased risk of hypotension** because of removal of large amount of fluid over a short period of time, potentially leading to **further renal ischemia**

Vinsonneau C et al. Lancet (2006)

Nonetheless, IHD can be used as an alternative option for AKI requiring RRT, especially in **resource-limiting settings.**

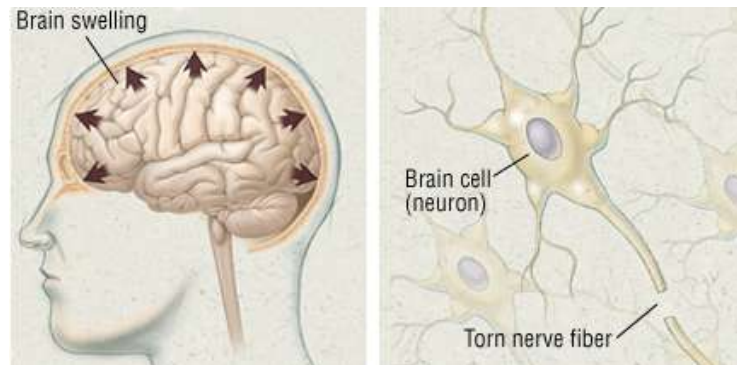
Sankarasubbaiyan S et al. IndianJ Nephrol (2013)

Continuous therapy, compared with IHD, tends to be associated with less cerebral edema because of a **more physiological and slow removal of urea and other solutes.**

Clinical Trial > J Nephrol. May-Jun 1999;12(3):173-8.

Brain Density Changes During Renal Replacement in Critically Ill Patients With Acute Renal Failure. Continuous Hemofiltration Versus Intermittent Hemodialysis

C Ronco¹, R Bellomo, A Brendolan, V Pinna, G La Greca



Ronco C, Bellomo R, Brendolan A, et al. Brain density changes during renal replacement in critically ill patients with acute renal failure. Continuous hemofiltration versus intermittent hemodialysis. J Nephrol 1999; 12: 173-178.

Continuous renal replacement therapy (CRRT)

- CRRT provides continuous support
 - Continuous venovenous hemofiltration (**CVVH**) → convection
 - Continuous venovenous hemodialysis (**CVVHD**) → diffusion
 - Continuous venovenous hemodiafiltration (**CVVHD**) → diffusion + convection

provides a . . . ***slow, gentle***, and ***continuous*** kidney support

...preferentially used approach for critically ill patients with ***hemodynamic instability***

CRRT

Continuous
Renal
Replacement
Therapies



CRRT provides a **slow, gentle,** and **continuous** kidney support → **hemodynamic instability**

More gradual fluid removal and solute clearance over prolonged treatment times

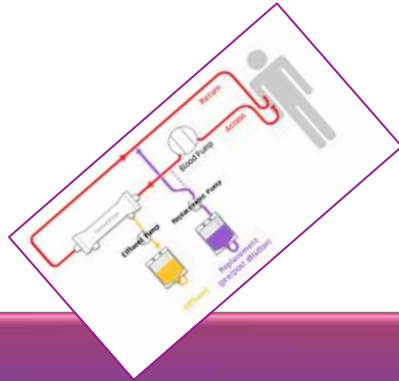
• Continuous venovenous hemofiltration (CVVH) – **convection**

• Continuous venovenous hemodialysis (CVVHD) – **diffusion**

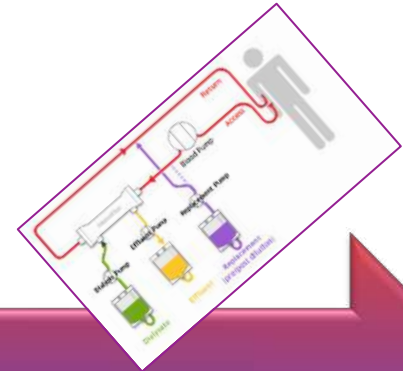
• Continuous venovenous hemodiafiltration (CVVHDF) – **diffusion** and **convection**

Continuous renal replacement therapy (CRRT)

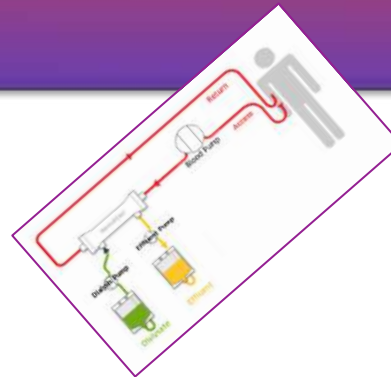
SCUF



CVVHD Hep
CVVHD Citrate



CVVH Post Hep
CVVH Pre Hep
CVVH Pre-Post Hep
CVVH Post-Citrate

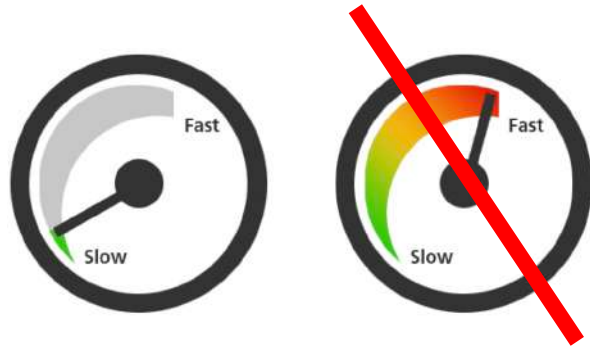


CVVHDF Post Hep
CVVHDF Pre Hep
CVVHDF Pre-Post Hep
CVVHDF Post-Citrate

The modes differ in whether the primary driver of solute removal is **convection**, **diffusion**, or **both**, the reinfusion site (pre-post-both) and the anticoagulation modality (heparin, citrate → pre).

CRRT

Continuous
Renal
Replacement
Therapies

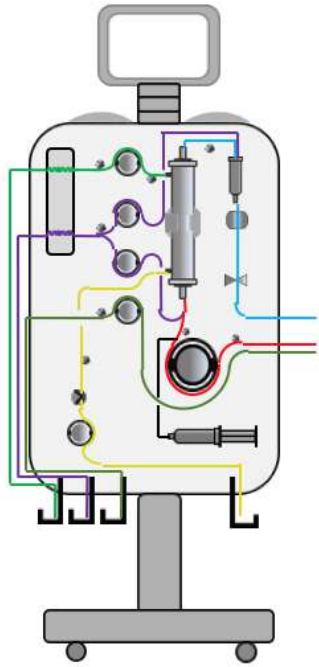


CRRT provides a **slow, gentle**, and **continuous** kidney support → **hemodynamic instability**

More gradual fluid removal and solute clearance over prolonged treatment times

Although the **Kidney Disease: Improving Global Outcomes (KDIGO)** Clinical Practice Guideline for AKI recommends the use of CRRT for patients who are **hemodynamically unstable**, the strength of this recommendation is low.

Observational data, however, do suggest that CRRT is more effective in **achieving net negative fluid balance** than IHD.

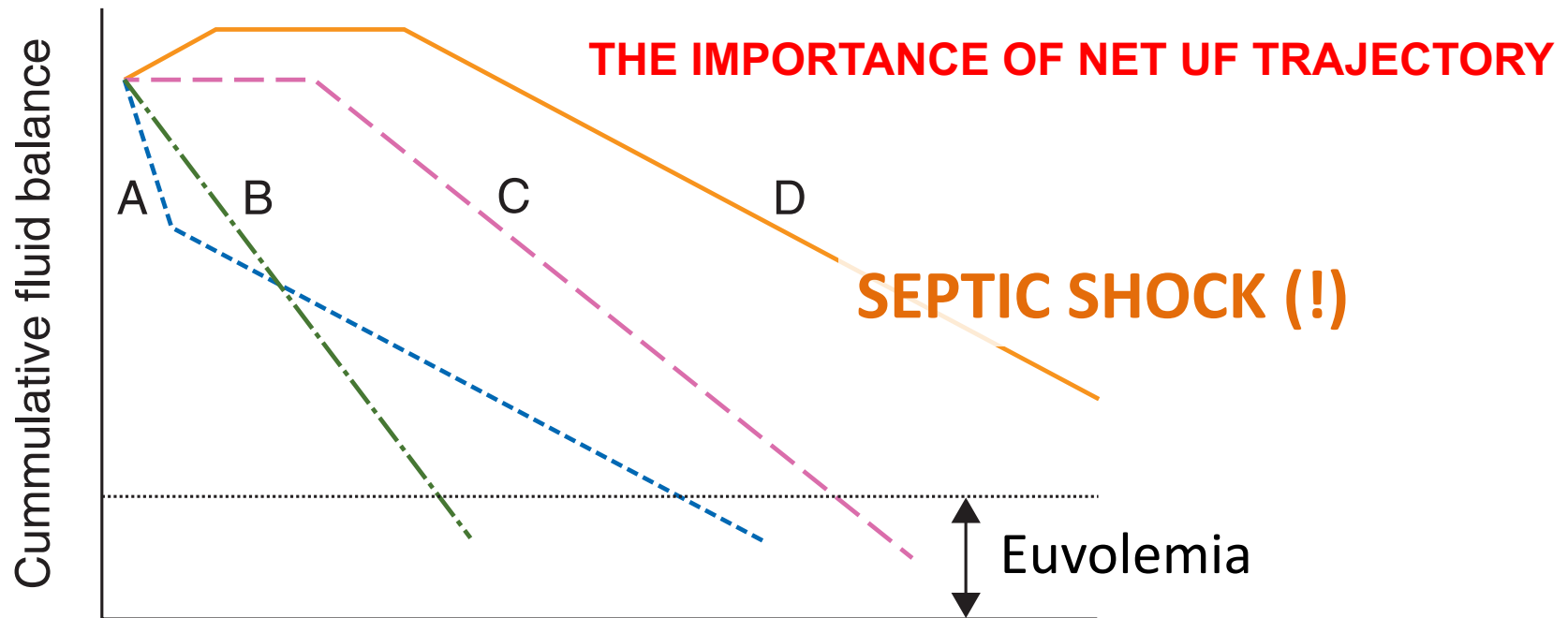


- **CRRT** is usually a **more appropriate modality in those ICU patients with increased intracranial pressure** (e.g. acute brain injury, fulminant hepatic failure, at risk of increased intracranial pressure).
- **CRRT**, compared with IHD or SLED, can remove **fluid steadily over a longer period of time** and is available **24 h/day** for the prevention of fluid overload, should large amounts of fluids and blood products require rapid infusion.
- Therefore, CRRT is also often used in the setting of **severe volume overload** or during massive transfusion in patients with AKI.

Indications and management of mechanical fluid removal in critical illness

M. H. Rosner^{1†}, M. Ostermann^{2†*}, R. Murugan³, J. R. Prowle⁴, C. Ronco⁵, J. A. Kellum³, M. G. Mythen⁶ and A. D. Shaw⁷ for the ADQI XII Investigators Group

BJA 2014



Rapid early fluid removal may be indicated in cardio-renal syndrome (A), but a slower removal may be required for haemodynamic tolerance after resolution of pulmonary oedema. Patients with single organ renal failure (B) may tolerate more rapid fluid removal than those with AKI complicating severe sepsis (C) or septic shock (D).

Hybrid therapies

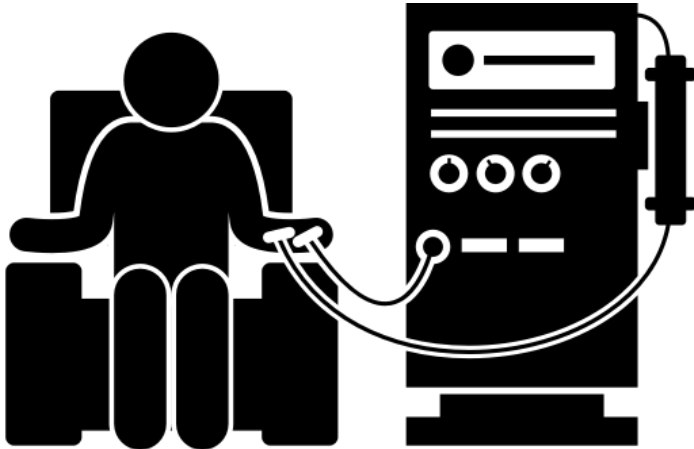
Sono modalità che cercano di ottimizzare i vantaggi e **minimizzare gli svantaggi di entrambe:**

- Efficiente rimozione dei soluti
- Più lenta quota di ultrafiltrazione (ultrafiltration rate) → **stabilità emodinamica**
- Minore esposizione **all'anticoagulazione**
- Più breve **durata**
- Minori costi
- Minore carico di lavoro infermieristico
- Migliore *"ICU workflow"*



PIRRTs

Prolonged
Intermittent
Renal
Replacement
Therapies



SLED

Sustained
Low
Efficiency
Dialysis

PIRRT can be performed on most **machines** that are used for standard intermittent hemodialysis.

Standard extracorporeal circuit tubing and hemodialyzers are used for PIRRT.

PIRRT should be performed at least **three** times per week to provide an adequate dialysis dose. The time per session ranges from **6 to 18** hours but is typically approximately **8** hours.

The length of the dialysis session depends on the **needs of the patient** (usually the volume that needs to be removed) and hemodynamic stability

RONCO | BELLOMO | KELLUM | RICCI

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Director, Department of Nephrology, Dialysis
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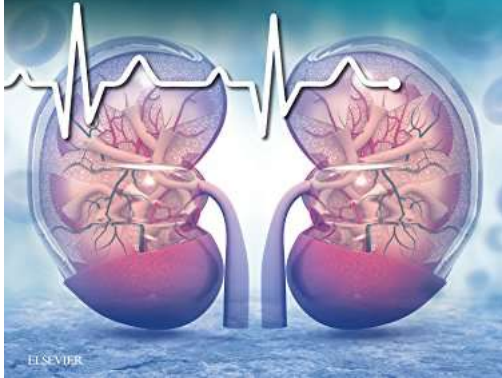
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The technical elements of HT are not novel. In the extreme, it can be argued that Kolff actually performed the first HT treatments more than **50 years ago**.

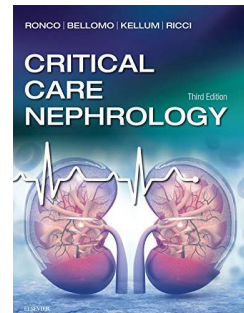
However, the clinical context of **HT is novel as a conceptual and logistic compromise between the modern applications of IHD and CRRT**

There is agreement among opinion leaders that the nomenclature must be standardized

However, this is proving difficult, owing to lack of a common perspective between nephrologists and intensivists

- Hybrid therapy is “low efficiency” and “prolonged” to **nephrologists** . .

- but “high efficiency” and “foreshortened” to **intensivists**





Therefore, SLED can be theoretically used in **hemodynamically unstable** AKI patients.



Intermittent versus continuous renal replacement therapy for acute renal failure in adults (Review)



Cochrane Database of Systematic Reviews

Intermittent versus continuous renal replacement therapy for acute renal failure in adults (Review)

Rabindranath KS, Adams J, MacLeod AM, Muirhead N

Rabindranath KS, Adams J, MacLeod AM, Muirhead N.
Intermittent versus continuous renal replacement therapy for acute renal failure in adults.
Cochrane Database of Systematic Reviews 2007, Issue 3. Art. No. CD003773.
DOI: 10.1002/14652858.cd003773.pub3

www.cochranelibrary.com

Intermittent versus continuous renal replacement therapy for acute renal failure in adults (Review)
Copyright © 2010 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.

WILEY

Rabindranath K et al.
Cochrane Database Syst
Rev (2007)

- 15 trials comparing intermittent RRT (IRRT) versus CRRT
- Comparing intermittent RRT (IRRT) versus CRRT and did not show differences in ICU and in-hospital **mortality**, the number of patients who **became RRT independent, hemodynamically unstable, or hypotensive.**
- Patients on **CRRT** were likely to have significantly **higher mean arterial pressure** and higher risk of clotting dialysis filters

Extended Daily Dialysis in Acute Kidney Injury Patients: Metabolic and Fluid Control and Risk Factors for Death

Daniela Ponce¹, Juliana Maria Gera Abrão, Bianca Ballarin Albino, André Luis Balbi

Universidade São Paulo State-UNESP, Distrito de Rubião Junior, Botucatu, São Paulo, Brazil

Abstract

Intermittent hemodialysis (IHD) and continuous renal replacement therapies (CRRT) are used as Acute Kidney Injury (AKI) therapy and have certain advantages and disadvantages. Extended daily dialysis (EDD) has emerged as an alternative to CRRT in the management of hemodynamically unstable AKI patients, mainly in developed countries.

Objectives: We hypothesized that EDD is a safe option for AKI treatment and aimed to describe metabolic and fluid control of AKI patients undergoing EDD and identify complications and risk factors associated with death.

Study Selection: This is an observational and retrospective study describing introduction of EDD at our institution. A total of 231 hemodynamically unstable AKI patients (noradrenalin dose between 0.3 and 1.0 mcg/kg/min) were assigned to 1367 EDD session. EDD consisted of 6–8 h of HD 6 days a week, with blood flow of 200 ml/min, dialysate flows of 300 ml/min.

Data Synthesis: Mean age was 60.6±15.8 years, 97.4% of patients were in the intensive care unit, and sepsis was the main etiology of AKI (76.2). BUN and creatinine levels stabilized after four sessions at around 38 and 2.4 mg/dl, respectively. Fluid balance decreased progressively and stabilized around zero after five sessions. Weekly delivered KtV was 5.94±0.7. Hypotension and filter clotting occurred in 47.5 and 12.4% of treatment session, respectively. Regarding AKI outcome, 22.5% of patients presented renal function recovery, 5.6% of patients remained on dialysis after 30 days, and 71.9% of patients died. Age and focus abdominal sepsis were identified as risk factors for death. Urine output and negative fluid balance were identified as protective factors.

Conclusions: EDD is effective for AKI patients, allowing adequate metabolic and fluid control. Age, focus abdominal sepsis, and lower urine output as well as positive fluid balance after two EDD sessions were associated significantly with death.

Citation: Ponce D, Abrão JMG, Albino BB, Balbi AL (2013) Extended Daily Dialysis in Acute Kidney Injury Patients: Metabolic and Fluid Control and Risk Factors for Death. PLoS ONE 8(12): e81697. doi:10.1371/journal.pone.0081697

Editors: Jorge LF, Saluh, D'or Institute of Research and Education, Brazil

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Competing Interests: Daniela Ponce is a PLOS ONE Editorial Board member and this does not alter the authors' adherence to all the PLOS ONE policies on sharing data and materials.

* E-mail: dponce@fmb.unesp.br

Background

The high mortality rate among critically ill acute kidney injury (AKI) patients remains an unsolved problem in intensive care units (ICU) in spite of the considerable technological progress in renal replacement therapy (RRT) [1–3]. Dialytic management of these patients is difficult because of associated hemodynamic instability and multiple organ dysfunction, with mortality rates reaching 50–70% [4].

There is no consensus in literature on the best dialysis method and intermittent hemodialysis (IHD) and continuous renal replacement therapies (CRRT) have been used in AKI. Several studies have not revealed a definitive advantage in terms of patient survival for CRRT compared with IHD [5–10].

Both conventional IHD and CRRTs have certain advantages, but also several disadvantages. IHD is often complicated by hypotension and inadequate fluid removal, and CRRT by high cost of solutions and problems with anticoagulation. A hybrid therapy called sustained low efficiency dialysis (SLED) or extended dialysis (EDD) has emerged as an alternative to CRRT in the

management of hemodynamically unstable patients with AKI, mainly in developed countries [11,12].

The studies in the literature on EDD in AKI patients are few and involve a small number of patients [9,13–16]. They have demonstrated that EDD is well tolerated in critically ill patients, with comparable ultrafiltration and solute removal to CRRT and peritoneal dialysis [13,16].

This prospective study was designed to describe the introduction of EDD at our institution. We focused on metabolic and fluid control, complications and risk factors associated with death.

Patients and Methods

Study Population

This was an observational and retrospective study describing our experience of introducing EDD as a new HD modality in two Brazilian University Hospitals (Botucatu School of Medicine and Bauri State of São Paulo). In our units, conventional IHD and peritoneal dialysis had previously been the standard of care for AKI.

- Single-center - retrospective study
- 231 hemodynamically unstable AKI patients (NE 0.3-1.0 mcg/Kg/min) – 76.2% sepsis
- SLED (6–8h of hemodialysis 6 days a week, with blood flow of 200 ml/min, dialysate flows of 300 ml/min) – 1367 sessions.

SLED appeared to be able to provide adequate metabolic and fluid control.

Ponce D et al. PLoS one (2013)

Age and focus abdominal sepsis were identified as risk factors for **death**.
Urine output and negative fluid balance were identified as **protective** factors.

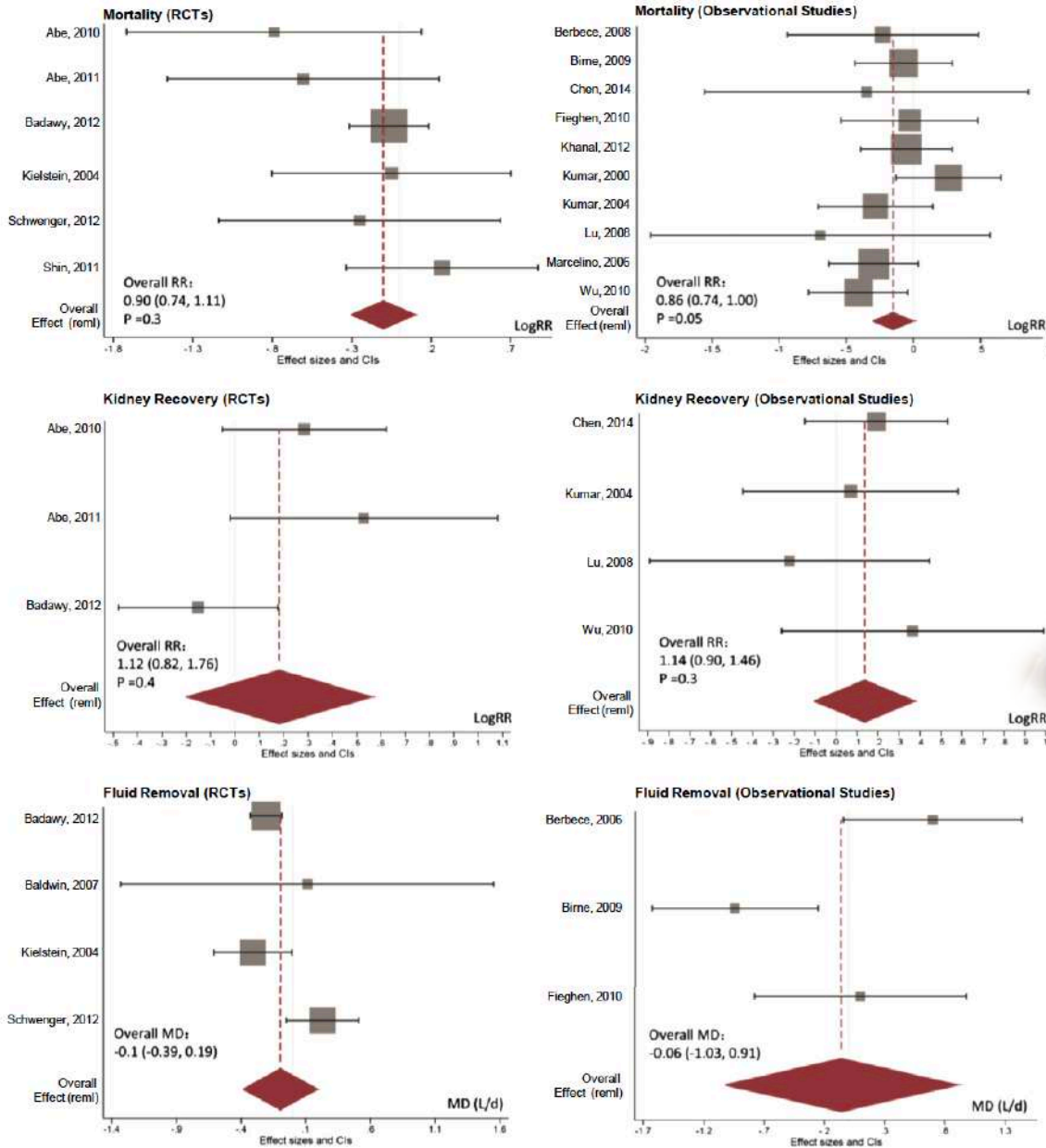
Original Investigation

Extended Daily Dialysis Versus Continuous Renal Replacement Therapy for Acute Kidney Injury: A Meta-analysis

Ling Zhang, MD,^{1,2} Jiqiao Yang, MD,³ Glenn M. Eastwood, MD,² Guijun Zhu, MD,^{2,4}
Aiko Tanaka, MD,² and Rinaldo Bellomo, MD, PhD²

Study	Country	Design of Study	Modality	N	Mean Age (y)	Male Sex (%)	Mean Therapy Duration (h/d)		Main Outcomes	Funding
							EDD	CRRT		
Kielstein ⁶ (2004)	DE	RCT	EDD vs CVVH	39	50.5	62.9	11.7	23.3	Mortality, fluid removal	Industry
Baldwin ¹⁸ (2007)	AU	RCT	EDD vs CVVH	16	69.5	56.3	7.3	18.4	Fluid removal	NR
Abe ⁷ (2010)	JP	RCT	EDDF vs CVVHDF	60	68.7	65.0	6.5	20.3	Mortality, kidney recovery, ICU days	NR
Abe ¹⁹ (2011)	JP	RCT	EDDF vs CVVHDF	50	65.9	66.0	6.0	15.2	Mortality, kidney recovery, ICU days	NR
Shin ²⁰ (2011)	KR	RCT	SLED vs CVVH	46	63	63.0	10	NR	Mortality	NR
Schwenger ⁸ (2012)	DE	RCT	SLED vs CVVH	232	66.2	67.7	14.9	19.9	Mortality, fluid removal, ICU days	NR
Badawy ²¹ (2012)	EG	RCT	EDD vs CVVHDF	80	47.5	65.0	6-8	NR	Mortality, fluid removal, ICU days	NR
Kumar ²² (2000)	US	Retrospective	EDD vs CVVH	42	50	64.3	7.5	19.5	Mortality	NR
Kumar ²³ (2004)	US	Prospective	EDD vs CVVHD	54	52	63.0	6.7	16.8	Mortality, kidney recovery	NR
Berbec ²⁴ (2006)	CA	Prospective	SLED vs CVVHDF	34	58.4	61.8	7.5	21.3	Mortality, fluid removal	NR
Marcelino ²⁵ (2006)	PT	Retrospective	SLED vs CVVHDF	53	59.1	NR	6.8	22.1	Mortality	NR
Lu ²⁹ (2008)	CN	Prospective	SLED vs CVVH	12	49.7	66.7	10	18	Mortality, kidney recovery	Public
Birne ³⁰ (2009)	PT	Retrospective	SLED vs CVVHDF	63	63.3	49.2	6-12	NR	Mortality, fluid removal	NR
Fieghen ²⁶ (2010)	CA	Retrospective	SLED vs CVVHDF	43	62.1	76.7	6.8	19.7	Mortality, fluid removal	NR
Wu ⁹ (2010)	TW	Retrospective	SLED vs CVVH	101	67.4	65.3	8.0	NR	Mortality, kidney recovery	NR
Khanal ²⁷ (2012)	NZ	Retrospective	SLEDF vs CVVHDF	166	58.5	62.0	7.2	NR	Mortality, ICU days	NR
Chen ²⁸ (2014)	CN	Retrospective	SLEDF vs CVVH	107	59.5	NR	8.8	23.5	Mortality, kidney recovery	NR

- 17 studies (7 RCTs and 10 observational) of 1208 patients compared the effect of SLED with CRRT on clinical outcomes



No significant differences in recovery of renal function, fluid removal, days of ICU stay, and biochemical clearance between SLED and CRRT.

OUTCOMEREA study

- Prospective observational multicenter cohort database study
- Assessed an association of dialysis modality with 30-day mortality and dialysis dependence in patients with AKI who underwent RRT between 2004 and 2014.
- 1360 patients
- **No difference** was seen in the composite outcome of **30-day mortality** and **dialysis dependence** between the CRRT and IHD group.
- However, **CRRT** was associated with **lower mortality** and **better recovery of renal function** in patients with **higher weight gain at the initiation of RRT** and was associated with **increased mortality in patients without shock**.

Continuous renal replacement therapy versus intermittent hemodialysis in intensive care patients: impact on mortality and renal recovery



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Renal
 Systematic review and meta-analysis of renal replacement therapy modalities for acute kidney injury in the intensive care unit

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ARTICLE INFO
ABSTRACT
Keywords: Acute kidney injury; Intensive care; Meta-analysis; Renal replacement therapy; Systematic review.
Objective: To compare clinical outcomes among critically ill adults with acute kidney injury (AKI) treated with continuous renal replacement therapy (CRRT), intermittent hemodialysis (IHD) or sustained low efficiency dialysis (SLED).
Methods and results: We completed a systematic review and meta-analysis of studies published in 2015 or earlier using MEDLINE, EMBASE, Cochrane databases and grey literature. Eligible studies included randomized clinical trials (RCTs) or prospective cohort studies comparing outcomes of mortality, dialysis dependence or length of stay among critically ill adults receiving CRRT, IHD or SLED to treat AKI. Mortality and dialysis dependence from RCTs were pooled using meta-analytic techniques. Length of stay from RCTs and results from prospective cohort studies were described qualitatively.
Results: Twenty-one studies were eligible. RRT modality was not associated with in-hospital mortality (CRRT vs IHD RR 1.00 [95% CI 0.82–1.06], CRRT vs SLED RR 1.22 [95% CI 1.00–1.51] or dialysis dependence (CRRT vs IHD RR 1.00 [95% CI 0.76–1.30], CRRT vs SLED RR 1.11 [95% CI 0.82–1.49]).
Conclusions: We did not find a definitive advantage for any RRT modality on short-term patient or kidney survival. A well-designed, adequately powered trial is necessary to better define the role of RRT modalities for treatment of critically ill patients with AKI.
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1. Introduction
 Approximately 5% of patients admitted to the intensive care unit (ICU) receive renal replacement therapy (RRT) [1,2], and in-hospital mortality is generally above 50% [3,4]. Patients discharged after an episode of acute kidney injury (AKI) with RRT are at greater risk of long-term dialysis dependence and mortality compared to individuals without AKI [5,7].
 RRT replaces some vital kidney functions by correcting fluid balance and removing toxins. Traditionally, there have been two RRT modalities for patients in the ICU: continuous renal replacement therapy (CRRT) and intermittent hemodialysis (IHD). IHD is typically administered every 3–4 h and requires maintenance dialysis for end-stage renal disease. CRRT permits slow but continuous removal of solutes and water thereby conferring better hemodynamic stability. Though intuitively appealing, CRRT is associated with higher costs than IHD and studies have not shown a definitive benefit of patient survival and kidney recovery

- 21 trials comparing RRT modalities in the ICU
- 16 studies were RCTs
- No single RRT modality carried definitive advantages on mortality and dialysis dependence at 30 days
- However, there was a trend toward better patient and kidney survival for CRRT versus IHD

Nash DM et al. JCC (2017)

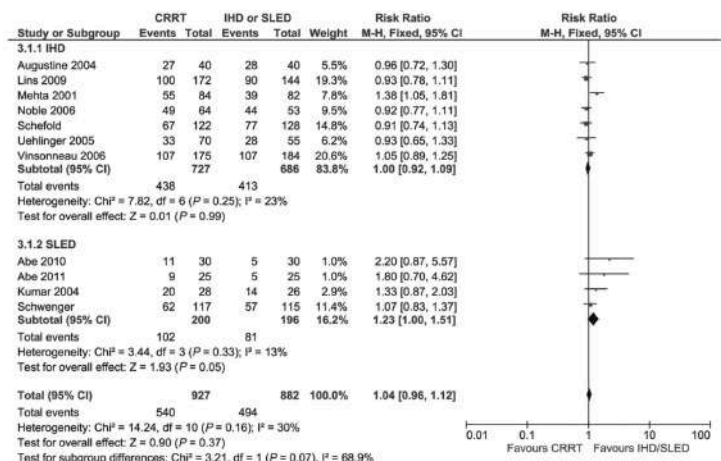


Fig. 2. In-hospital mortality comparing continuous renal replacement therapy and intermittent hemodialysis/sustained low efficiency dialysis.

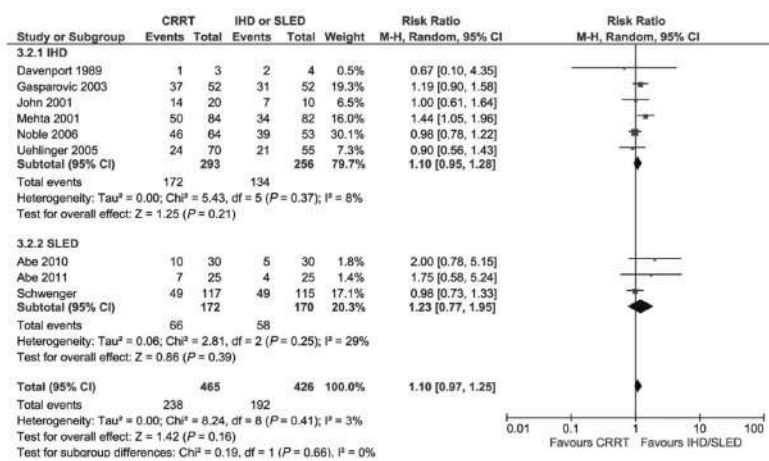


Fig. 3. ICU mortality comparing continuous renal replacement therapy and intermittent hemodialysis/sustained low efficiency dialysis.

Large studies assessing effects of RRT modalities on both short-term and long-term renal outcomes of AKI patients.

End-stage renal disease patients on renal replacement therapy in the intensive care unit: Short- and long-term outcome³⁸

Max Bell, MD; Fredrik Granath, PhD; Staffan Schön, MD; Erlend Lölberg, PhD; SWING; Anders Ekblom, PhD; Claes-Roland Martling, PhD

Objective: The number of patients with end-stage renal disease has increased during the last decades. Data shows that 10% of the renal replacement therapy population in the intensive care unit are patients with end-stage renal disease. We aimed to describe the short- and long-term outcome of these patients after renal replacement therapy in the intensive care unit.

Design: Nationwide cohort study between the years 1996 and 2004. Follow-up up to 5 years.

Setting: Swedish general intensive care units and Swedish hospitals.

Patients: Eligible subjects were end-stage renal disease patients treated with renal replacement therapy in 32 Swedish general intensive care units. In total, 245 patients were studied.

Interventions: None.

Measurements and Main Results: Short- and long-term mortality was studied. Logistic regression was used to analyze short-term mortality. Long-term mortality was compared with the mortality of end-stage renal disease patients outside the intensive care unit and the mortality in the population.

Diabetes and heart failure are significant risk factors for 90-day mortality, with an odds ratio of 1.9 and 2.0, respectively. The intensive care unit end-stage renal disease cohort had increased long-term mortality as compared with non-intensive care unit end-stage renal disease patients, relative risk of death 2.32 (confidence interval 1.84–2.92). A comparison with the mortality rate in the general population yielded a standardized mortality ratio of 25 (95% confidence interval: 19.6–31.4).

Conclusions: For end-stage renal disease patients in the intensive care unit, age, diabetes mellitus, and heart failure are risk factors for 90-day mortality. Long-term mortality is associated with age and heart failure. The long-term mortality of end-stage renal disease patients surviving the intensive care unit stay is significantly higher compared with end-stage renal disease patients without a known intensive care unit admission. (*Crit Care Med* 2008; 36: 2773–2778)

Key Words: end-stage renal disease; outcome; intensive care; renal replacement therapy; epidemiology

The number of patients with end-stage renal disease (ESRD) has increased during the last decades. Some studies indicate that the incidence of ESRD may double in the next 10 years (1). In Sweden, data from the Swedish Registry for Active Treatment of Uremia (SRAU) reveal that the prevalence of patients on dialysis and transplantation was ~815 per million population in 2005. During the 12-yr period between 1991 and 2002 it increased by 75% (2). The number of patients on hemodialysis more than doubled from 1991 to 2005, from 1099 to 2591 patients.

The mean age of ESRD subjects has increased over the last decade (3). A large proportion of these older patients have nonrenal complicating diseases. These complications and the associated vulnerability of ESRD patients increase the risk of intensive care unit (ICU)-related organ dysfunction (3). Thus, an obvious conclusion is that an aging ESRD population, increasing in numbers, will result in more admissions to the ICU from this population. One Australian study showed that 2% of patients on chronic dialysis require ICU admission every year (4). A recent Swedish nationwide study revealed

that close to 10% of the specific ICU population receiving renal replacement therapy (RRT) consisted of patients with ESRD (5).

Data on ESRD patients in the ICU is limited. Three single center studies including 38 (4), 92 (6), and 93 patients (7), respectively, detailed the validity of ICU scoring systems and outcome for this patient population. One multicentered study investigated the impact of acute renal failure (ARF) (254 cases) as compared with ESRD (57 cases) on ICU outcome (8). A recent very large database study from the United Kingdom looked into the outcome of ESRD patients and found that 1.3% of all patients admitted to the ICU were receiving chronic renal dialysis before ICU admission (3). All these investigations have focused on short-term mortality. The present study investigates the short- and long-term outcome of a cohort of 245 ESRD patients needing RRT in the ICU. We detail their comorbidity risk factors and their original kidney disease. Furthermore, we compare their short-term mortality among

The Association Between Renal Replacement Therapy Modality and Long-Term Outcomes Among Critically Ill Adults With Acute Kidney Injury: A Retrospective Cohort Study*

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This work was conducted at the Institute for Clinical Evaluative Sciences @Western Expansion Site.

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Objective: Among critically ill patients with acute kidney injury, the impact of renal replacement therapy modality on long-term kidney function is unknown. Compared with conventional intermittent hemodialysis, continuous renal replacement therapy may promote kidney recovery by conferring greater hemodynamic stability; yet continuous renal replacement therapy may not enhance patient survival and is resource intense. Our objective was to determine whether continuous renal replacement therapy was associated with a lower risk of chronic dialysis as compared with intermittent hemodialysis, among survivors of acute kidney injury.

Design: Retrospective cohort study.

Setting: Linked population-wide administrative databases in Ontario, Canada.

Patients: Critically ill adults who initiated dialysis for acute kidney injury between July 1996 and December 2009. In the primary analysis, we considered those who survived to at least 90 days after renal replacement therapy initiation.

Interventions: Initial receipt of continuous renal replacement therapy versus intermittent hemodialysis.

Measurements and Main Results: Continuous renal replacement therapy recipients were matched 1:1 to intermittent hemodialysis recipients based on a history of chronic kidney disease, receipt of mechanical ventilation, and a propensity score for the likelihood of receiving continuous renal replacement therapy. Cox proportional hazards were used to evaluate the relationship between initial renal replacement therapy modality and the primary outcome of chronic dialysis, defined as the need for dialysis for a consecutive period of 90 days. We identified 2,315 continuous renal replacement therapy recipients of whom 2,004 (87%) were successfully matched to 2,004 intermittent hemodialysis recipients. Participants were followed over a median duration of 3 years. The risk of chronic dialysis was significantly lower

*See also p. 2939.

From the Departments of Anesthesiology and Intensive Care (MB, C-IRM, Department of Medicine (FG, AE), Clinical Epidemiology Unit, and Department of Nephrology (EL), Karolinska University Hospital, Solna, Sweden; Department of Physiology and Pharmacology (MS), C-IRM, Karolinska Institutet, Stockholm, Sweden; Swedish Register of Active Uremia (SRAU), Department of Nephrology (GS), Karolinska Institutet, Solna, Sweden; and Swedish Intensive Care Nephrology Group (SWING).

This work was performed at the Department of Anesthesiology and Intensive Care, Karolinska University Hospital, Solna, Sweden and the Department of Physiology and Pharmacology, Karolinska Institutet, Stockholm, Sweden.

The authors have not disclosed any potential conflicts of interest.

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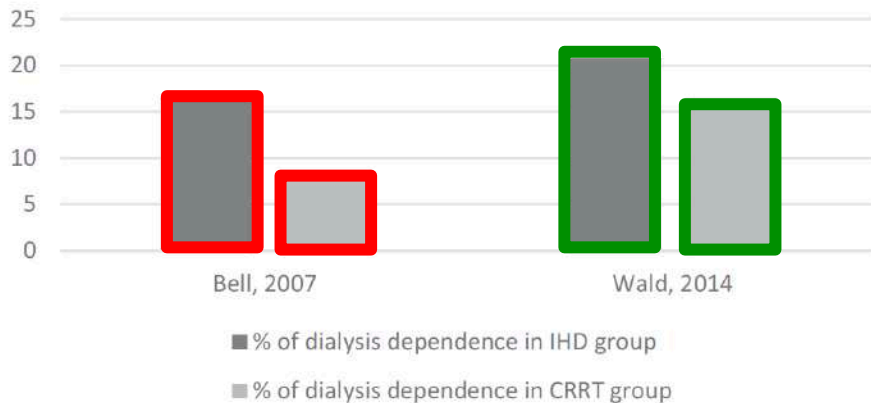
For information regarding this article, E-mail: macbell@karolinska.se

Bell M et al. Crit Care Med (2008)

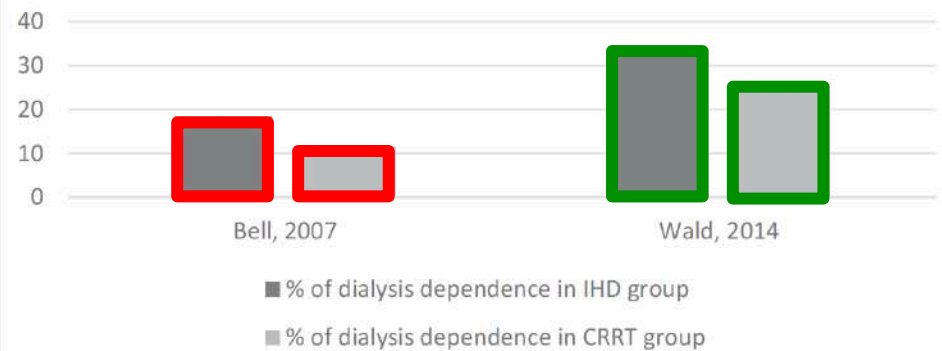
Wald R et al. Crit Care Med (2014)

percentages of patients who were survived and **remained dialysis dependent**

Dialysis dependence by 90 days



Dialysis dependence at the end of the studies



Bell M et al. Crit Care Med (2008)

Wald R et al. Crit Care Med (2014)



Renal Replacement Therapy Modality in the ICU and Renal Recovery at Hospital Discharge*

Martin Bonnassieux, MD^{1,2}; Antoine Duclos, MD, PhD³; Antoine G. Schneider, MD, PhD⁴; Aurélie Schmidt, MS⁵; Steve Bénard, PharmD⁶; Charlotte Cancalon, MS⁷; Olivier Joannes-Boyau, MD⁸; Carole Ichai, MD, PhD^{7,8}; Jean-Michel Constantin, MD, PhD⁹; Jean-Yves Lefrant, MD, PhD¹⁰; John A. Kellum, MD, FACP, MCCM¹¹; Thomas Rimmelé, MD, PhD^{1,2}; for the AzuRéa Group

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Objectives: Acute kidney injury requiring renal replacement therapy is a major concern in ICUs. Initial renal replacement therapy modality, continuous renal replacement therapy or intermittent hemodialysis, may impact renal recovery. The aim of this study was to assess the influence of initial renal replacement therapy modality on renal recovery at hospital discharge.

Design: Retrospective cohort study of all ICU stays from January 1, 2010, to December 31, 2013, with a "renal replacement therapy for acute kidney injury" code using the French hospital discharge database.

Setting: Two hundred ninety-one ICUs in France.

Patients: A total of 1,031,120 stays; 58,635 with renal replacement therapy for acute kidney injury and 25,760 included in the main analysis.

Interventions: None.

Measurements Main Results: PPatients alive at hospital discharge were grouped according to initial modality (continuous renal replacement therapy or intermittent hemodialysis) and included in the main analysis to identify predictors of renal recovery. Renal recovery was defined as greater than 3 days without renal replacement therapy before hospital discharge. The main analysis was a hierarchical logistic regression analysis including patient demographics, comorbidities, and severity variables, as well as center characteristics. Three sensitivity analyses were performed. Overall mortality was 56.1%, and overall renal recovery was 86.2%. Intermittent hemodialysis was associated with a lower likelihood of recovery at hospital discharge; odds ratio, 0.910 (95% CI, 0.834–0.992) *p* value equals to 0.0327. Results were consistent across all sensitivity analyses with odds/hazards ratios ranging from 0.883 to 0.958.

Renal Replacement Therapy Modality in the ICU and Renal Recovery at Hospital Discharge*

- Retrospective cohort study
- France; 291 centers
- 58 635 patients with AKI receiving RRT in ICU

Renal Replacement Therapy Modality in the ICU and Renal Recovery at Hospital Discharge*

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Renal Replacement Therapy Modality in the ICU and Renal Recovery at Hospital Discharge*

- Overall hospital mortality of 56.1%.
- Of these, 13.2% patients were still dialysis dependent at the time of discharge.
- Among these 58 635 patients, the use of **IHD** as the **initial** modality of dialysis was associated with **lower rates of recovery of renal function** at hospital discharge

Bonnassieux M et al.CCM (2018)



**Final
Thoughts**

✓ RRT in the ICU setting: **continuous** or **intermittent** (or **HYBRID, SLED, PIRRT** ...)

✓ To date, **no modality of RRT shows clear superiority** over the others in terms of survival and recovery of renal function.

✓ However:

✓ CRRT → a slow, gentle, and continuous kidney support → hemodynamic instability + fluid balance

✓ CRRT → less cerebral edema (more physiological and slow removal of urea and other solutes).

✓ **Initial** or **exclusive** use of **IHD** → decreased likelihood of renal recovery in the short and medium term compared with initial or exclusive use of CRRT.

✓ . . . additional studies are a key priority in the field of critical care nephrology . . .

CRITICALLY ILL PATIENT

BACKGROUND NOISE



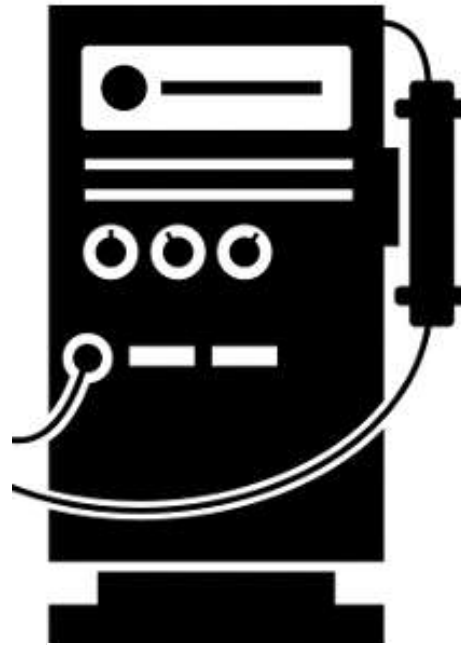


The mental flexibility of the wise man permits him to keep an open mind and enables him to readjust himself whenever it becomes necessary for a change.

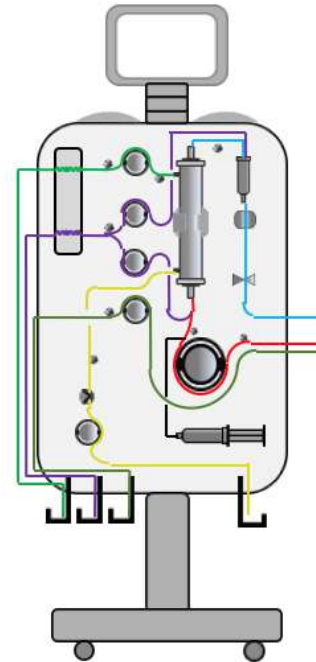
— *Malcolm X* —



*... availability ...
timing timeliness
... materials . . .*



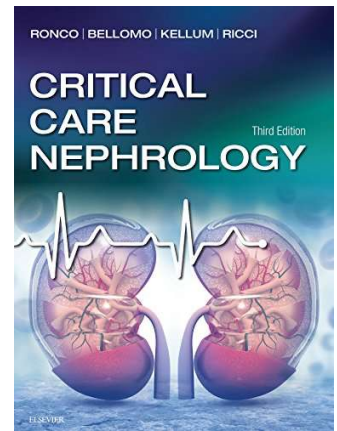
Nephrologist
Dialysis nurse
(technician)



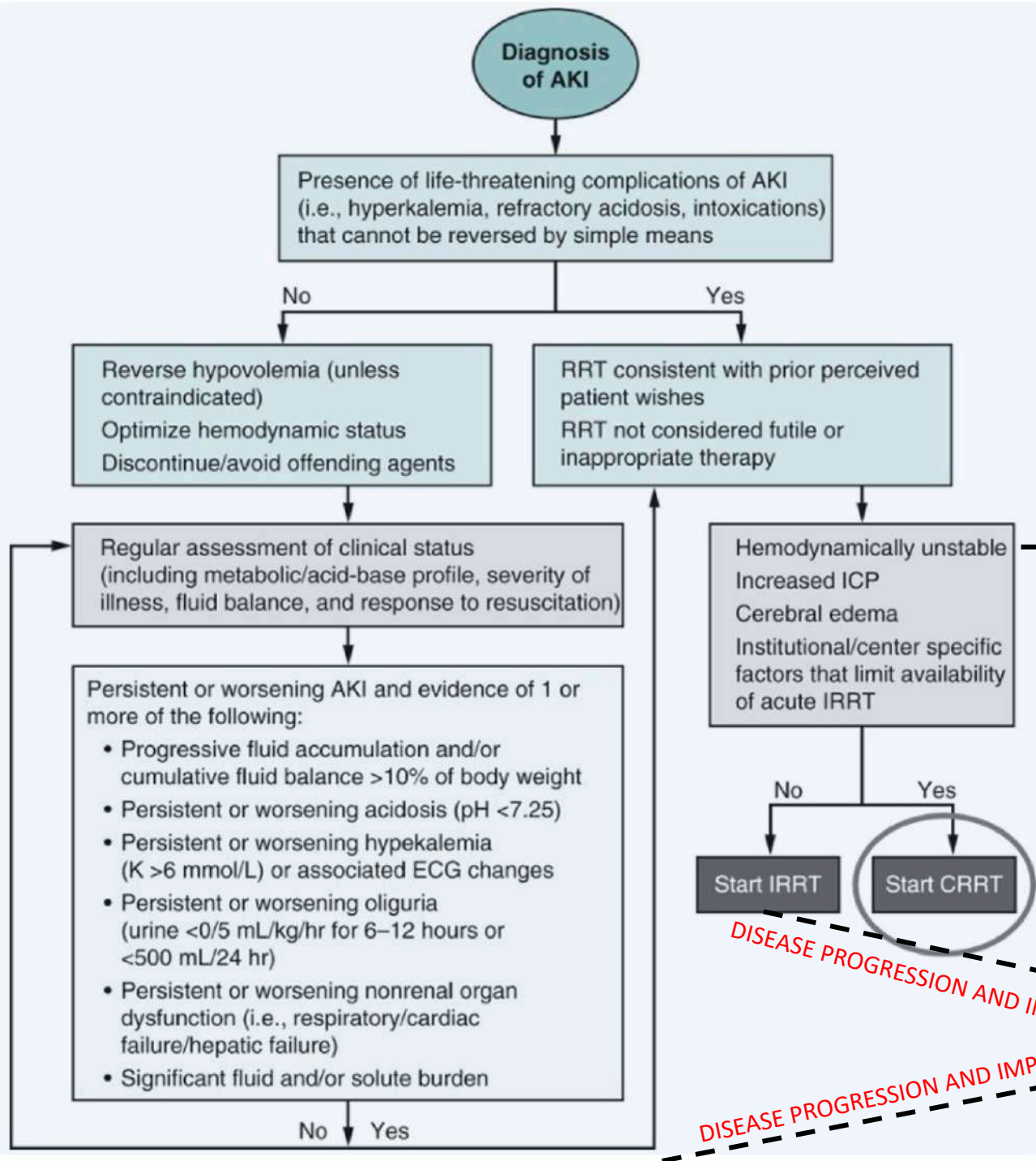
Intensivist
ICU nurse



13-06-2020 - ICU



Oleksa G. Rewa
Sean M. Bagshaw



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DISEASE PROGRESSION AND IMPROVEMENT

Start HYBRID

Le modalità disponibili in Terapia Intensiva: Intermittenti, Continue o Ibride?

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